

Guide for Authors

A. Scope of the Journal

The Journal of Sport Science of Fenerbahçe University (FBU-JSS) is a peer-reviewed journal published online two times a year, in June, and December. The journal accepts original research articles, theoretical articles, practical writings, educational studies, and reviews in both English and Turkish within the field of Sports Sciences.

B. Publication Principles and Article Submission Conditions

All authors submitting articles for evaluation and publication must approve and adhere to the following ethical behavior rules:

- Articles that have been previously published, accepted for publication, or are under review in another format (book, book chapter, printed paper, etc.) will not be accepted for evaluation.
- Articles with multiple authors must be approved by each author; otherwise, they will not be accepted.
- For studies requiring "Ethics Committee Approval," the approval document must be submitted at the time of application.
- Submitted articles must have a similarity (plagiarism) rate below 20%. (Similarity reports can be obtained from platforms such as turnitin.com, intihal.net, ithenticate.com, etc.)
- If corrections are requested from the author, the corrected version must be submitted to the journal editorial board within 1 month.
- An author cannot have more than one article published in the same issue.
- The responsibility for published articles lies entirely with the author(s).
- For all materials used in the article that do not belong to the author(s), permission must be obtained from the owner(s) of the publication or copyright. The author(s) are responsible for ensuring these permissions are obtained.
- The Editorial Board may make changes to the content and format of the article with the author's/authors' permission.
- Accepted and published articles cannot be republished without the publisher's permission.
- Articles are published as open access, and no fees are charged to authors at any stage, including submission, evaluation, acceptance, and publication.

C. Preparation of Article Submission

Authors must adhere to the rules specified in the Writing Guide. Submissions that do not comply with these rules will be returned to the authors without being subjected to peer review. Information regarding articles and their appendices to be submitted for publication is listed below:

Guide for Authors

1. Submission Letter

The submission letter must state that the manuscript has been read and approved by all authors and is the result of original work. It should include the signatures of the authors next to their names and disclose any conflicts of interest with any author, institution, or organization. The signed Submission Letter can be scanned and sent digitally.

2. Ethics Committee Approval Document (if required for original research)

3. Identity Page (information and CV of the author(s))

3.1 Information About the Author(s)

The Identity Page should be submitted as a separate single "MS Word" file and include the title of the article, the name of the author, their affiliated institution, city and country of residence, email address, ORCID number, and a short biography in both Turkish and English. The biographies should be in paragraph form and not exceed 50 words. For multi-author articles, the Identity Page should include identity and biography information for all authors separately.

3.2 Acknowledgements and Statements

At the end of the Identity Page:

- If there are individuals or institutions that contributed to the research, they should be acknowledged, e.g., "Supported by TÜBİTAK [grant numbers xxxx, yyyy]."
- If the article is derived from a summary presented elsewhere but not published in full, or from a thesis, it should be indicated as a "Statement."

4. Manuscript Text

The sections listed below (4.1 to 4.5) should be prepared in a single "MS Word" file in the given order. This file should not contain any identifying information about the author(s). Manuscripts submitted for publication can be in Turkish or English. The text, including abstract, figures, tables, footnotes, and references, should not exceed 6000 words.

Additionally, the entire manuscript must adhere to the following format:

- The manuscript should be in "MS Word" format, A4 (vertical), single column, with 2.5 cm margins. The text should be in Arial font, 10-point size, and justified. Line spacing should be 1.5 in the main text and 1 in the abstract, endnotes, and references sections.
- An automatic 6 pt space should be added before and after paragraphs.
- No indentations should be made at the beginning of paragraphs.
- The article title, all headings, and subheadings should be bold.
- All pages should be sequentially numbered starting from the title and abstract page.
- For peer review, line numbers should be included starting from the title and abstract page, continuing sequentially throughout the manuscript.
- No special formatting should be applied otherwise.

4.1 Title, Abstract, and Keywords (in both Turkish and English)

The article should have a title, followed by an abstract of 150-200 words describing the purpose, scope, and main results of the research, and 3-5 keywords under the abstract. References, figure, table numbers, and footnotes should not be included in the abstract.

For articles in Turkish, the title, abstract, and keywords should be provided in both Turkish and English, and vice versa for articles in English.

4.2 Main Text

All headings (such as introduction, methods, results, discussion, and conclusion) in the main text should be numbered sequentially (1., 2., 3., etc.) and hierarchically (1.1, 1.1.1, 1.1.2, 1.2, etc.). This numbering should be used for internal cross-referencing (e.g., as indicated in section 1.3, etc.). Each heading should appear on a separate line, with a line space before it.

4.2.1 Quotations

Direct quotations within the text should be used sparingly and should not exceed a certain proportion of the text. For in-text citations, APA Style should be used. Quotations of fewer than 40 words should be enclosed in double quotation marks, while block quotations of 40 words or more should not use quotation marks. Block quotations should be indented 1 cm from the left and written in 9-point font. Sources should be cited at the end of the quotation. Omissions in the original text should be indicated with three dots, and the author's own comments should be enclosed in square brackets.

4.2.2 In-Text Citations

In-text citations should follow APA guidelines. Examples:

- As Foucault (1991) argued...
- Foucault states that... (1991, p. 40).
- The general history emerges as... (Foucault, 1991, p. 22).

4.2.3 Tables

Tables should be numbered according to their sequence in the text. Tables should be formatted as required by their content, with the table number aligned to the left, bold, and accompanied by the table title. Notes should be placed below the table in a smaller font size.

In-text references to tables should be made as (Table 1), and if mentioned in the sentence, it should also be in bold [Table 1].

Example Table:

Xxxxxx	xxxxxx	xxxxx
Xxx	0000	00000
Xxxx	0000	0000
Xxx	0000	0000
Xxx	0000	00000

Notes: Explanations related to the table should be written here. (8-point font)

4.2.4 Figures

Figures (images, drawings, plans, maps, graphs, photos, etc.) should be numbered according to their sequence in the text. Figures should be centered on the page, with the figure number aligned to the left, bold, and accompanied by the figure title below the figure. Source citations should follow the same format as in-text citations.

In-text references to figures should be made as (Figure 1), and if mentioned in the sentence, it should also be in bold [Figure 1].

Example Figure:



Figure 1. Sample Figure (Source, 2020).

4.2.5 Other In-Text Notations

Symbols, abbreviations, and definitions should comply with the International System of Units (SI). If there are units outside of this system, their equivalents in SI should be provided. Abbreviations should be defined in parentheses after their first occurrence in the text. Consistency should be maintained throughout the article. Mathematical notations should be simplified to facilitate equations, typesetting, and symbols. Equation numbers should be sequentially numbered on the right in parentheses.

4.4 Endnotes

Endnotes are used to provide additional information and side comments related to the discussion in the text. Endnotes should be kept to a minimum. They should be indicated in the text with a number in square brackets [1], [2], [3], and so on, placed at the end of the relevant sentence. Endnotes should be listed at the end of the text before the References section, numbered sequentially (1., 2., 3., without square brackets). Sources cited in endnotes should follow the same format as in-text citations.

4.5 References

The References section should be at the end of the text. Every reference cited in the text must be present in the References section, and every reference listed in the References section must be cited in the text. References should be listed alphabetically by the authors' last names and chronologically for each author.

References and in-text citations should follow the "APA Style" format. More detailed information on "APA 7th Edition" referencing style can be found at <https://apastyle.apa.org>.

Examples:

- Book:
 - Lastname, A. (2015). Book Title. Publishing City: Publisher Name.
- Journal Article:
 - Lastname, A., & Lastname, A. A. (2012). Article Title. Journal Name, 12(4), 187–195. <https://doi.org/10.000/000000>
- Conference Paper:
 - Lastname, A., & Lastname, A. A. (2014). Paper Title. Name of the Organization Where the Paper Was Presented, Location.
- Thesis:
 - Lastname, A. (2016). Thesis Title (Unpublished Doctoral Dissertation). Name of Institution, Location.
- Website:
 - The BBC (<http://www.bbc.co.uk>).
 - Lastname, A. (2013). Document Title [Format]. Retrieved from: <http://URL> Accessed: 09.10.2018
 -

5. Visual Documents

All tables and figures (images, drawings, plans, maps, graphs, photos, etc.) should be placed in their respective locations within the manuscript text (MS Word file) as low-resolution versions with descriptions.

All visuals should be additionally sent in print quality, with a resolution of 300 dpi and a minimum short side of 10 cm. They should be numbered according to their order of appearance in the text, with figures labeled as ‘S01’ and tables as ‘T01’. Drawings and tables must be legible when reduced. If drawings and tables are created in Word format or other programs, they should be sent in “pdf” format or in “tiff”/”jpeg” format suitable for printing and legible when reduced.

D. Manuscript Evaluation and Publication Process

Submitted manuscripts are initially reviewed by the Managing Editor and Editors, and then assessed by the Journal's Editorial Board for adherence to publication principles and quality. The Editorial Board reserves the right to accept or reject submitted manuscripts. Manuscripts deemed unsuitable for publication during the preliminary review are not sent for further evaluation and the authors are notified. Manuscripts with deficiencies are returned to the authors for correction and resubmission. Manuscripts deemed suitable for publication are reviewed by two referees in the relevant field. Referees assess the manuscripts in terms of methodology, content, and originality to decide on their suitability for publication. If there are significant differences in referees' opinions regarding acceptance, a third referee may be consulted. Manuscripts not accepted for publication by the referees are returned to the authors.

Manuscripts returned to authors for revision and/or correction based on preliminary review and referee feedback must be resubmitted to the journal within one month, with the necessary revisions made.

Based on the referee reports received within the specified period, the Editorial Board has the authority to decide whether to publish the manuscript. Accepted manuscripts are scheduled for publication based on the number deemed appropriate by the Editorial Board, and the author is notified.

Upon acceptance and publication, the copyright of the manuscripts is considered transferred to Fenerbahçe University. Authors must sign the “Copyright Transfer Form” to officially transfer their copyright. The scientific, ethical, and legal responsibilities for the opinions and translations in the published manuscripts lie with the authors. Quotes from the text and photos may be made with proper citation. However, published manuscripts cannot be republished elsewhere (in print or online) without written permission from the journal management. All authors submitting manuscripts to the journal are deemed to accept these principles.